

Have You Filled A Bucket Today? – Reading Guide

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Themes: encouragement, interdependence, empathy, social skills

Lesson/Notes: Creative way to understand how our words and actions affect others. Sometimes confusing for very literal thinkers.

Discussion Questions

- *What fills your bucket?*
- *If you dip into someone else's bucket, does it fill your bucket? (No, but if you fill someone's bucket, it fills your bucket too!)*
- *How can you fill someone's bucket today?*

Activity: Fill a Bucket

Supplies: page 2 coloring sheet, markers (or colored pencils, crayons), stickers optional

- Decorate bucket on page 2. Write or draw ways you can fill a bucket in the space around the picture. Child can choose examples from the book and make up examples.
- Older children may prefer to make an origami bucket. When something fills their buckets, they can write it on a piece of paper to keep in their paper bucket. Discuss how small reminders can be an encouragement. In a group setting, children may write encouraging notes to one another to fill their buckets.

