

What Do You Do with a Problem? – Reading Guide

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Themes: problem solving, determination, opportunity

Lesson/Notes: We can't solve problems by avoiding them. When we face our problems, there is often an opportunity within them for something good.

Discussion Questions

- *How did the character feel about his/her problem? (worried)*
- *Did ignoring or avoiding the problem solve it? (no, made it bigger)*
- *Can you think of a problem you have felt worried about?*
- *What happened when the character tackled the problem? (discovered an opportunity)*
- *What might be the "opportunity for good" in the following problems?*
 - o *moving to a new school (opportunity to make new friends, fresh start)*
 - o *don't understand the math homework (opportunity to ask for help, learn something new)*
 - o *friend is mad at you*
 - o *you wanted to go to the pool, but it's raining*
 - o *guardian can't take you to soccer practice*
 - o *a problem you have*

Activity: Problem-Solving Word Search

- Encourage child to complete word search on page 2.
- Remind child that it can be difficult to see the opportunity for good within a problem, just like it is sometimes difficult to find the words in a word search. Some words are easier to find than others, just like some problems are easier to solve than others.

Problem-Solving Word Search

Y X R K Z V Q S A K A Q P L E
Z T O X M T O J A N X H H X G
M O I X S L Z H P V P Z C V N
L I Y N V Y D E C H C F G H E
D E L E U W R J G G I I G S L
T X E F Z T H R B Q K C N U L
T D V G Z A R Y O W Z B X X A
C Y O A R Q Y O B W J M L R H
Y V Y L C O H B P Y D L E T C
V B W O Y S W A Y P Q V Y A I
G B V F O T N T J O O L D C L
S P R O B L E M H C M E A K Y
G A J D T S A F S N K G E L H
O X W Z V H O I W U W T R E R
H V L Y S C D E V A R B P B C

BRAVE
CHALLENGE
DISCOVER
GROWTH
LOOK
OPPORTUNITY

PROBLEM
READY
SOLVE
TACKLE
WORRY