

## Chico the Brave - Reading Guide

Author/Illustrator: Dave Horowitz

Themes: bravery, facing fears, taking initiative

Lesson/Notes: Chico takes initiative to find the Golden Chicken and learn the secret to bravery. Along the way, he faces many fears and eventually saves the day. *It's okay to feel afraid, but fear is not the boss of you. We can learn to be brave and face our fears.*

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### Discussion Questions

- *How did Chico feel at the beginning of the story? (scared)*
- *What is something that scares you?*
- *What helped Chico be brave? (faced fears, climbed mountain)*
- *How did Chico's bravery help others? (saved the town)*

### Activity: Flying Fears

Supplies: copy paper, pencil

- Ask child to write some fears or worries (big and small) on the paper.
  - Consider different places if child struggles to think of examples. *What do you worry about in class, at the park, when you're trying to fall asleep?*
- Guide child to fold the paper into a paper airplane.
- Take turns throwing the paper airplane. See how far it can fly!
- *Are the fears still there? Of course, but the plane can still fly! Being brave doesn't mean having no fear; it means doing something challenging in spite of fear. Our bravery can often help others, just like Chico's bravery saved the town.*