

# Mama – Reading Guide

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Themes: adoption, change, foster care

Lesson/Notes: *Sometimes the person/people taking care of you changes. It's okay to love more than one person. There are many people who love you.*

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## Discussion Questions

- *Why was the baby hippo sad? (lost his mom, separated from mom)*
- *How did the hippo feel without his mom? (sad, scared)*
- *Who took care of the baby hippo like a new parent? (old tortoise)*
- *Does the baby hippo still love his hippo mom? (Yes, loves hippo mom and old tortoise)*

## Activity: Who Do You Love?

Supplies: construction paper, scissors, markers

- Cut a large heart out of construction paper.
- Guide child to draw or write names of people (s)he loves inside the heart and/or people that love him/her.
- If time, child can make cards for people (s)he loves.